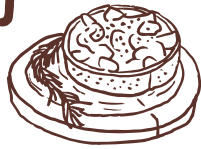


KARU • MENU

APPETIZERS



- **Pot pie of the day + Salad**.....27 mil
Chicken with catupiry cheese / Sun-dried tomato / Fugazza / Pascualina (Swiss chard, spinach, egg & ricotta cheese)
- **Mbeju** (Dough form cassava starch, butter and Paraguayan cheese)
 - Traditional.....11 mil
 - Blue cheese / Bell peppers and Mozzarella cheese / Caprese.....18 mil
- **Pastel Mandi'o** (Corn flour and mashed cassava empanada, stuffed with)
 - Fresh Mushrooms / Swiss chard / Chicken / Beef.....13 mil
- **Pajagua Mascada** (Fried cassava dough)
 - Beans or chickpeas.....13 mil
 - Beef.....15 mil
- **Scrambled eggs**.....25 mil
- **Grilled ham & cheese sandwich**.....15 mil
- Puff pastry bread, ham and cheese.

KARU PANINI 21 mil



Choice of bread + 2 toppings

Comes with Mozzarella

Choice of ingredients: Chicken ham / Pesto / Bell peppers / Tomato / Arugula / Basil / Tapenade / Smoked provolone cheese.

For extra additional ingredient: 6 mil ea

- **Organic Salad**
 - Small.....12 mil
 - Large.....21 mil

STONE BAKED PIZZA



PIZZETA PIZZA

- **Margarita**.....23 mil / 46 mil
- **Sun-dried tomato and pesto**.....27 mil / 51 mil
- **Neapolitan**.....25 mil / 48 mil
- **Extras**8 mil ea
Sun-dried tomato / Fresh tomato / Ham / Arugula

SANDWICHES



- **Lamb**.....31 mil
French bread, lamb cooked for 24hs, sautéed onion, pumpkin and aioli sauce.
- **Roast beef**.....31 mil
French bread, Beef, demi-glace sauce, soy sauce, grain mustard, carrot and arugula.
- **Caprese**.....25 mil
French bread, mozzarella, sun-dried tomato and pesto.
- **Chicken**.....25 mil
Whole grain bread, chicken ham of the house, mustard.
- **Beef**.....31 mil
Whole grain bread, grilled chuck steak cooked in 18 hs, pickles, sour cream and ratatouille.
- **Veggie**.....25 mil
Whole grain bread, babaganoush, lettuce, arugula, carrot, beet, tomato and cucumber.
- **Vegan burger**.....26 mil
Baguette, sautéed onion, lettuce, tomato and aioli sauce. Pick your burger base: chickpeas or beans.
- **Croissant**20 mil
Ham and cheese, just cheese, or vegetables.

SAVORY BREAD BASKET 25 mil

Choose up to 3 sides: Hummus / Tapenade / Mozzarella / Tomato / Sun-dried tomato / Sautéed onion

For extra additional side: 6 mil

EL TATAKUA (CLAY OVEN)

- **Empanada (Savory filled pastry)**
 - Meat / Egg20 mil
 - Caprese.....22 mil
 - Fish25 mil
- **FOCACCIA**
 - Onion & cherry tomato.....17 mil



Only Wendsday,
Friday & Saturday

SWEETS



- Croissant.....9 mil
- Carob cinnamon roll.....12 mil
- Caramelized roll.....13 mil
- Chocolate croissant.....11 mil

SEASONAL

- Strawberry Danish.....22 mil
- Seasonal pie.....20 mil
- Strawberry or berries pie.....25 mil

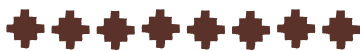
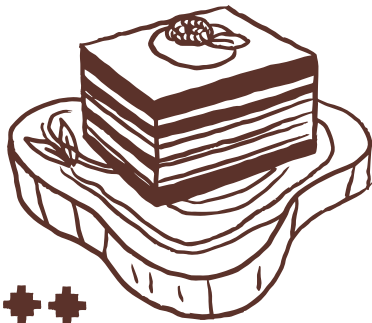
FOR CHOCOLATE LOVERS



- Brownie.....7 mil
- Brownie cake with walnut.....18mil
- Brownie cake with fruits.....22 mil
- Brownie with Passion fruit mousseline.....24 mil

SACHER CAKE

24 mil



COOKIES



- Vegan multigrain oatmeal.....10 mil
- Vegan chocolate and macadamia.....10 mil
- 70% cacao.....11 mil
- Carrot.....11 mil
- Caramel and tree nuts.....12 mil

CAKES AND PIES



- Muffins.....9 mil
Orange/banana, chocolate and carob.
- Slice of marble cake.....8 mil
- Guava tart.....15 mil
- Karu alfajor.....12 mil
(2 biscuits filled with dulce de leche)
- Dacquoise.....13 mil
Dulce de leche / Passion fruit and lemon
- Lemon pie.....18 mil
- Carrot cake.....22 mil
- Apple pie.....21 mil
- Passion fruit chiboust cream.....21 mil
- Palmerita (puff pastry).....12 mil
- Slice of molasses cake (sugar cane).....9 mil
- Lava cake.....20 mil
Chocolate/Chocolate with Passion Fruit cream
- Apple Danish.....20 mil

SWEET BREAD BASKET 22 mil

Seasonal fruit jam / Honey / Butter / Guava jam / Papaya in syrup / Dulce de leche.

For extra additional side: 6 mil c/u

BOLLOS (Berliner - German Doughnut)



FRIED

- Guava / Custard / Dulce de leche / Apple.....11 mil
- Seasonal fruit jam.....13 mil

BAKED

- Guava / Dulce de leche / custard.....9 mil

GLUTEN FREE



- Guava tart.....16 mil
- Brownie.....16 mil
- 2 Biscuits filled with...
• Dulce de leche.....22 mil
- Grilled ham & cheese sandw.....20 mil
- Cookie.....14 mil

BEVERAGES



CAFÉS

- Espresso10 mil
- Double espresso.....15 mil
- Macchiato.....10 mil
- Americano.....10 mil
- Strong americano.....15 mil
- Pon cortado (Espresso).....15 mil
- Cortado double shot.....20 mil
- Cappuccino.....15 mil
- Latte.....15 mil
- Chocolate.....15 mil
- Extra milk.....2 mil
- Extra plant-based milk.....6 mil

COLD BEVERAGES

- Kombucha Shakti.....18 mil
- Filtered water pitcher.....5 mil
1. Triple physical filtering: Gravel + Polyurethane + Polypropylene 2. Active Carbon 3. Ultraviolet Rays.
- Selva Mate, yerba mate juice11 mil
- Ginger Ale Arigua17 mil
- Three cool cats cold brew.....21 mil

YOGURT

- Natural Homemade from Agua's dairy..10 mil
- Natural Greek.....12 mil
- Greek with berries.....17 mil
- Extra granola.....3 mil
- Extra fruit.....5 mil
- Honey.....4 mil



TEA AND HOT BEVERAGES



- Virtu tea leaves17 mil
- Ginger and lemon.....13 mil
- Ka'aite cocido.....10 mil
(tea-like drink from yerba mate & sugar)
- Pick your tea11 mil
Boldo, mint, chamomile and many more!

JUICES



- Orange juice
 - Bottle22 mil
 - Glass.....12 mil
- Ginger and lemon water
 - Bottle.....8 mil
 - Glass.....5 mil
- Pressumo juice cold press.....20 mil
- Purifru juice Cold Press.....20 mil
- Pomaris orange juice.....10 mil

COMBOS

- COFFEE15 MIL
1 espresso + 1 pastry of the day
(Croissant, brownie, muffins, cakes, cookies)
- CLASSIC.....28 MIL
1 coffee (espresso / cortado / latte) +
1 toasted bread or croissant + 1 Juice
- PARAGUAYAN.....20 MIL
1 cocido Ka'aite + 1 chipa + 1 juice
- THE BREAD BASKET....48 MIL
2 coffees (espresso / cortado / latte) +
1 Breadbasket with 2 options
Options: butter / honey / guava jam /
seasonal fruit jam / hummus / tapenade /
mozzarella / tomato.
- SANDWICHES.....32 MIL
1 Karu Panini + 1 toasted bread or
croissant + 1 juice

www.karu.com.py

Karuseando Karugourmet

Did you know that...

EVERY WEDNESDAY
YOU CAN ENJOY AN
ORGANIC FOOD
AND ARTISANT FARMER'S
MARKET?



It's The
HAPPY MARKET
(MERCADO VY'A)

Where?
IN THE PATIO

Hours:
Every Wednesday
from 8 am to 2 pm

See you there!



 
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